

Literal translation of lines from Vittoria Colonna's sonnets provided by Harriet E. Smith

Del gran sole i bei rai

Of the great sun, the beautiful rays

Quel sol, che alluma gli elementi e 'l cielo

The sun, which lights up the earth and the
heavens

D'accostarsi a quell sol candida e bianca

Towards the bright clarity of that sun

La celeste harmonia l'anima pura,
Sol con l'orecchia interna attenta al vero

The celestial harmony, the pure spirit,
with the internal ear alone attentive to the
truth

Né copre nebbia il sol che vi nudrica.

Nor does the fog cover the sun which
nourishes you

Bramo quell'invisibil chiaro lume
Che scaccia dense nebbie e quell'accesa
Secreta fiamma ch'ogni giel consuma,

I yearn for the clear invisible light
that banishes thick fog and for the ignited
secret flame which consumes all ice

Spiego vèr voi mia luce indarno l'ale

I bend my wings towards you, my light,
in vain

E con le faci in man vive e ardenti,

And with the torches in hand live and
burning

Di vero lume abisso immenso e puro

From within a vast pure abyss of true
light

Veggio il sol di là su splender fra noi,

I see the yonder sun shine here around us,

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